

Growing up milk

FROM 12 MONTHS

400g and 900g pack size. 4.3g scoop.



Growing up milk is a fortified goat milk drink suitable for children from 1 year old onwards.

Source of Vitamin D
Vitamins A and C which contribute to the normal function of the immune system

Growing up milk should be used as part of a normal, varied and healthy weaning diet.



NUTRITION INFORMATION

| Typical values per 100ml made up as directed | | Per 100ml prepared feed |
|--|--------|-------------------------|
| Energy | | 280 |
| | kJ | 66 |
| | kcal | 66 |
| Fat, of which | | 3.4 |
| saturates | | 1.2 |
| monounsaturates | | 1.7 |
| polyunsaturates | | 0.53 |
| - linoleic acid (omega 6) | | 400 |
| - α-linolenic acid (omega 3) | | 53 |
| - docosahexaenoic acid (DHA) | | 15 |
| Carbohydrate, of which | | 7.4 |
| sugars | | 7.4 |
| Protein | | 1.3 |
| Salt | | 0.05 |
| VITAMINS | | |
| Vitamin A | µg | 56 (14%*) |
| Vitamin D | µg | 1.6 (23%*) |
| Vitamin E | mg | 1.5 (31%*) |
| Vitamin K | µg | 6.7 (56%*) |
| Vitamin C | mg | 9.3 (21%*) |
| Thiamin (B ₁) | mg | 0.062 (12%*) |
| Riboflavin (B ₂) | mg | 0.12 (18%*) |
| Niacin (B ₃) | mg | 0.66 (9%*) |
| Folic acid | µg DFE | 22 (18%*) |
| Vitamin B ₁₂ | µg | 0.18 (23%*) |
| Biotin | µg | 2.3 (23%*) |
| Pantothenic acid | mg | 0.35 (12%*) |
| MINERALS | | |
| Chloride | mg | 57 (11%*) |
| Calcium | mg | 62 (11%*) |
| Phosphorus | mg | 46 (8%*) |
| Iron | mg | 0.99 (12%*) |
| Zinc | mg | 0.49 (10%*) |
| Copper | mg | 0.049 (10%*) |
| Selenium | µg | 2.5 (12%*) |
| Iodine | µg | 13 (16%*) |

*% Reference Intake - a guide to the amount of vitamins and minerals needed per day for infants and young children.

FEEDING GUIDE FROM 12 MONTHS+

| To prepare one beaker | Cooled boiled water per drink | | Level scoops of powder | From 12 months, it is recommended your child drinks approximately 400ml of milk per day. This can be divided into 3 drinks (beakers) per day depending on their individual needs. |
|-----------------------|-------------------------------|-------|------------------------|---|
| | ml | fl oz | | |
| | 180 | 6 | 6 | |

4.3g scoop included. This information is given as a guide only. Note the volume of prepared drink is slightly greater than that of the water added.

IMPORTANT FEEDING INSTRUCTIONS

- For hygiene reasons, do not store made up feeds. Make up each feed as required and always discard unfinished feeds within 2 hours maximum.
- Do not heat feeds in a microwave as hot spots may occur and cause scalding.
- Do not add extra scoops of powder, or anything else to your child's feed. Nannycare Growing up milk should only be used as part of a mixed diet and not as a breast milk substitute.
- To promote dental health use a beaker in preference to a bottle.
- Avoid prolonged contact of all foods with your child's teeth. Be sure to clean teeth after last drink at night.
- Never leave your child alone during feeding.

STORAGE: Store unopened can in a cool, dry place (do not refrigerate). After opening, keep airtight and continue to store in a cool, dry place. Use contents within 4 weeks.

INGREDIENTS

Pasteurised whole goat **milk**, lactose (from **milk**), vegetable oil blend (high oleic sunflower oil, rapeseed oil, sunflower oil, antioxidants (sunflower lecithin, tocopherol-rich extract)), pasteurised goat **milk** powders, marine **fish** oil powder (source of docosahexaenoic acid), minerals, choline chloride, L-tyrosine, L-tryptophan, L-cystine, vitamins, L-isoleucine, taurine, L-carnitine.

VITAMINS:

dl-α-tocopheryl acetate, L-ascorbic acid, nicotinamide, cholecalciferol, retinyl acetate, calcium D-pantothenate, cyanocobalamin, phytonadione, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, D-biotin.

MINERALS:

dicalcium phosphate, sodium citrate, calcium citrate, calcium hydroxide, potassium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenite.

This product contains 38% goat milk on a dry matter basis.

ALLERGY ADVICE:

For allergens, see ingredients in **bold**.

We're here to help.

Any questions? Just ask.

Contact our Careline:

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