

# Nannycare<sup>♥</sup>

## Growing up milk.

FROM 12 MONTHS

400g and 900g pack size. 4.5g scoop.



Growing up Milk is a fortified goat milk drink suitable for children from 1 year old onwards.

Source of Vitamin D

Vitamins A and C which contribute to the normal function of the immune system

Growing up Milk should be used as part of a normal, varied and healthy weaning diet.



### NUTRITION INFORMATION

Typical values per 100ml made up as directed		Per 100ml prepared feed
Energy		280
		67
Fat		3.6
of which saturates		1.8
of which monounsaturates		1.1
of which polyunsaturates		0.66
Carbohydrate		6.7
of which sugars		6.7
of which lactose		6.7
Fibre		Nil
Protein		2.2
Salt		0.068
<b>VITAMINS</b>		
Vitamin A	µg RE	74
Vitamin D <sub>3</sub>	µg	1.0
Vitamin E	mg α-TE	1.6
Vitamin K <sub>1</sub>	µg	7.4
Vitamin C	mg	10
Thiamin (B <sub>1</sub> )	mg	0.060
Riboflavin (B <sub>2</sub> )	mg	0.12
Niacin (B <sub>3</sub> )	mg	0.74
Vitamin B <sub>6</sub>	mg	0.047
Folic acid	µg	8.7
Vitamin B <sub>12</sub>	µg	0.38
Biotin	µg	2.7
Pantothenic acid	mg	0.40
<b>MINERALS</b>		
Potassium	mg	110
Chloride	mg	96
Calcium	mg	100
Phosphorus	mg	66
Magnesium	mg	8.6
Iron	mg	0.91
Zinc	mg	0.50
Copper	mg	0.050
Iodine	µg	9.4
Selenium	µg	1.3
<b>OTHERS</b>		
Choline	mg	13
Taurine	mg	4.8
Carnitine	mg	1.5

### FEEDING GUIDE FROM 12 MONTHS+

To prepare ONE BEAKER	Cooled boiled water per drink		Level scoops of powder	From 12 months, it is recommended your child drinks approximately 500ml of milk per day. You can feed your child 500ml (up to 3 drinks) a day depending on their individual needs.
	ml	fl oz		
	180	6	6	

4.5g scoop included. This information is given as a guide only. Note the volume of prepared formula is slightly greater than that of the water added.

### INGREDIENTS

Pasteurised **goat milk** solids (62%), lactose (from **milk**), vegetable oils (sunflower and rapeseed), minerals, vitamins, acidity regulator (citric acid), choline chloride, taurine, L-carnitine.

#### VITAMINS:

Ascorbic acid, dl-α-tocopheryl acetate, nicotinamide, retinyl acetate, cholecalciferol, calcium d-pantothenate, cyanocobalamin, phytonadione, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, folic acid, biotin.

#### MINERALS:

Calcium citrate, calcium hydroxide, sodium citrate, potassium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenite.

#### ALLERGY ADVICE:

For allergens, see ingredients in **bold**.

### IMPORTANT

For hygiene reasons, do not store made up feeds. Make up each feed as required and always discard unfinished feeds within 2 hours maximum.

Do not heat drinks in a microwave oven, as hot spots may occur which could cause scalding.

Nannycare® Growing up milk should only be used as part of a mixed diet and not as a breast milk substitute.

To promote dental health use a beaker in preference to a bottle.

Avoid prolonged contact of all foods with your child's teeth.

Be sure to clean teeth after last drink at night.

Never leave your child alone during feeding.

### We're here to help.

Any questions? Just ask.  
Contact our Careline:

UK: 0800 328 5826

ROI: 1800 937 375

✉ [enquiry@nannycare.co.uk](mailto:enquiry@nannycare.co.uk)

[nannycare.co.uk](http://nannycare.co.uk)