

## First infant milk

### FROM BIRTH

400g and 900g size. 4.3g scoop.



Nutritionally complete breast milk substitute.

Goat milk based formula suitable for infants from birth.

Can be used if your baby is not being breastfed, or to complement breastfeeding.



### NUTRITION INFORMATION

Typical values per 100ml made up as directed		Per 100ml prepared feed
Energy		280
		66
Fat, of which		3.4
saturates		1.2
monounsaturates		1.6
polyunsaturates		0.53
- linoleic acid (omega 6)		400
- α-linolenic acid (omega 3)		53
- docosahexaenoic acid (DHA)		15
- arachidonic acid (AA)		16
Carbohydrate, of which		7.4
sugars (lactose)		7.4
Protein		1.3
<b>VITAMINS</b>		
Vitamin A	µg	56
Vitamin D	µg	1.4
Vitamin E	mg	1.5
Vitamin K	µg	6.7
Vitamin C	mg	13
Thiamin (B <sub>1</sub> )	mg	0.062
Riboflavin (B <sub>2</sub> )	mg	0.12
Niacin (B <sub>3</sub> )	mg	0.66
Vitamin B <sub>6</sub>	mg	0.036
Folic acid	µg DFE	22
Vitamin B <sub>12</sub>	µg	0.18
Biotin	µg	2.3
Pantothenic acid	mg	0.35
<b>MINERALS</b>		
Sodium	mg	19
Potassium	mg	70
Chloride	mg	57
Calcium	mg	53
Phosphorus	mg	39
Magnesium	mg	4.6
Iron	mg	0.65
Zinc	mg	0.49
Copper	mg	0.049
Manganese	mg	0.0090
Fluoride	mg	0.0065
Selenium	µg	2.5
Iodine	µg	13
<b>OTHERS</b>		
Choline	mg	21
Taurine	mg	4.6
Carnitine	mg	0.90
Inositol	mg	3.9

### FEEDING GUIDE FROM 0-12 MONTHS

Approx Age	Approx weight (kg)	Boiled water per feed (ml)	Number of scoops	Number of feeds per day
Birth - 2 weeks	3-4	60	2	5-6
2-4 weeks	3.5-5	90	3	5-7
1-2 months	4-6	120	4	5-7
2-3 months	4.5-7	150	5	4-6
3-4 months	5-7.5	180	6	4-5
5-6 months	6.5-8.5	210	7	4-5
6+ months*	7+	210	7	3

4.3g scoop enclosed. This information is given as a guide only. Your baby may need more or less than the amounts shown. Some drink different quantities at different times of the day. Always allow your baby to stop feeding when they indicate they have had enough. Note the volume of prepared formula is slightly greater than that of the water added. \*Assumes weaning at 6 months.

### IMPORTANT FEEDING INSTRUCTIONS

For hygiene reasons, do not store made up feeds. Make up each feed as required and always discard unfinished feeds within 2 hours maximum. The water should be freshly boiled and allowed to cool to a minimum of 70°C and for no longer than 30 minutes. Do not heat feeds in a microwave as hot spots may occur and cause scalding. Do not add extra scoops of powder, or anything else to your baby's feed. **STORAGE:** Store unopened can in a cool, dry place (do not refrigerate). After opening, keep airtight and continue to store in a cool, dry place. Use contents within 4 weeks.

### INGREDIENTS

Pasteurised whole goat **milk**, lactose (from **milk**), vegetable oil blend (high oleic sunflower oil, rapeseed oil, sunflower oil, antioxidants (sunflower lecithin, tocopherol-rich extract)), pasteurised goat **milk** powders, marine **fish** oil powder (source of docosahexaenoic acid), Mortierella alpina oil powder (source of arachidonic acid), minerals, choline chloride, L-tyrosine, L-tryptophan, L-cystine, vitamins, L-isoleucine, taurine, L-carnitine.

### VITAMINS:

dl-α-tocopheryl acetate, L-ascorbic acid, nicotinamide, cholecalciferol, retinyl acetate, calcium D-pantothenate, cyanocobalamin, phytonadione, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, D-biotin.

### MINERALS:

Sodium citrate, calcium citrate, calcium hydroxide, potassium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenite.

This product contains 38% goat milk on a dry matter basis.

### ALLERGY ADVICE:

For allergens, see ingredients in **bold**.

### IMPORTANT

**Breastfeeding is best for babies.** It is recommended that Nannycare First infant milk is used only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian, pharmacist, or other professional responsible for maternal and child care.

### We're here to help.

Any questions? Just ask.  
Contact our Careline:

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