

Follow on milk

FROM 6 MONTHS

900g pack size. 4.3g scoop.



Goat milk based formula especially developed to complement weaning from 6 months old.

Source of Vitamin D

Vitamins A and C which contribute to the normal function of the immune system

Follow on milk should be used as part of a normal, varied and healthy weaning diet.

NUTRITION INFORMATION

Typical values per 100ml made up as directed		Per 100ml prepared feed
Energy		280
		kcal
		66
Fat, of which		3.4
saturates		1.2
monounsaturates		1.6
polyunsaturates		0.53
- linoleic acid (omega 6)		400
- α-linolenic acid (omega 3)		53
- docosahexaenoic acid (DHA)		15
- arachidonic acid (AA)		16
Carbohydrate, of which		7.4
sugars (lactose)		7.4
Protein		1.3
VITAMINS		
Vitamin A	µg	56
Vitamin D	µg	1.5
Vitamin E	mg	1.5
Vitamin K	µg	6.7
Vitamin C	mg	13
Thiamin (B ₁)	mg	0.062
Riboflavin (B ₂)	mg	0.12
Niacin (B ₃)	mg	0.66
Vitamin B ₆	mg	0.036
Folic acid	µg DFE	22
Vitamin B ₁₂	µg	0.18
Biotin	µg	2.3
Pantothenic acid	mg	0.35
MINERALS		
Sodium	mg	19
Potassium	mg	70
Chloride	mg	57
Calcium	mg	59
Phosphorus	mg	44
Magnesium	mg	4.6
Iron	mg	0.89
Zinc	mg	0.49
Copper	mg	0.049
Manganese	mg	0.0090
Fluoride	mg	0.0065
Selenium	µg	2.5
Iodine	µg	13
OTHERS		
Choline	mg	21
Taurine	mg	4.6
Carnitine	mg	0.90
Inositol	mg	3.9

FEEDING GUIDE FROM 6 MONTHS+

Level scoops of powder	Cooled boiled water per feed		Babies from 6 months* onward need about 500-600ml of breast milk or formula per day.
	ml	fl oz	
6	180	6	
7	210	7	

4.3g scoop enclosed. This information is given as a guide only. Your baby may need more or less than the amounts shown. Some drink different quantities at different times of the day. Always allow your baby to stop feeding when they indicate they have had enough. Note the volume of prepared formula is slightly greater than that of the water added. *Assumes weaning at 6 months.

IMPORTANT FEEDING INSTRUCTIONS

For hygiene reasons, do not store made up feeds. Make up each feed as required and always discard unfinished feeds within 2 hours maximum. The water should be freshly boiled and allowed to cool to a minimum of 70°C, and for no longer than 30 minutes. Do not heat feeds in a microwave as hot spots may occur and cause scalding. Do not add extra scoops of powder, or anything else to your baby's feed. STORAGE: Store unopened can in a cool, dry place (do not refrigerate). After opening, keep airtight and continue to store in a cool, dry place. Use contents within 4 weeks.

INGREDIENTS

Pasteurised whole goat **milk**, lactose (from **milk**), vegetable oil blend (high oleic sunflower oil, rapeseed oil, sunflower oil, antioxidants (sunflower lecithin, tocopherol-rich extract)), pasteurised goat **milk** powders, marine **fish** oil powder (source of docosahexaenoic acid), Mortierella alpina oil powder (source of arachidonic acid), minerals, choline chloride, L-tyrosine, L-tryptophan, L-cystine, vitamins, L-isoleucine, taurine, L-carnitine.

VITAMIN S:

dl-α-tocopheryl acetate, L-ascorbic acid, nicotinamide, cholecalciferol, retinyl acetate, calcium D-pantothenate, cyanocobalamin, phytonadione, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, D-biotin.

MINERALS:

Sodium citrate, dicalcium phosphate, calcium citrate, calcium hydroxide, potassium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenite. This product contains 38% goat milk on a dry matter basis.

ALLERGY A DVICE:

For allergens, see ingredients in **bold**.

Packaged in a protective atmosphere.

IMPORTANT

Breastfeeding is best for babies. Nannycare Follow on milk is only for babies over 6 months, as part of a healthy and varied weaning diet. It should not be used as a breastmilk substitute before 6 months. The decision to start weaning, including the use of this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian, pharmacist, or other professional responsible for maternal and child care, based on your baby's individual needs.

We're here to help.

Any questions? Just ask.

Contact our Careline:

UK: 0800 328 5826

ROI: 1800 937 375

✉ enquiry@nannycare.co.uk

nannycare.co.uk